

## Rockport Elementary October Menu



Breakfast \$1.40  
Lunch \$2.40  
Extra Milk \$.50

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast Taco w/Salsa Milk Fruit Juice	Cinnamon Roll Milk Fruit Juice	Biscuit and Sausage Sandwich Milk Juice Fruit	Ultimate Breakfast Round Mozzerella Cheese Stick Milk Juice Fruit
	Fish Sandwich on Hoagi Bun French Fries Baked Beans Pickles Fruit and Milk 1	Homestyle Chicken Patty Corn on the Cob Mashed Potatoes Red Pepper Strips and Dip Fruit Milk 2	French Toast Sticks Egg Omelet Deli Roasters Cherry Tomatoes Fruit and Milk 3	Grilled Cheese Seasoned French Fries Broccoli and Dip Fruit Milk 4
Cereal and Yogurt Mik Fruit Juice	Breakfast Pizza Milk Juice Fruit	Scrambled Eggs and Cheese Toast Milk Juice Fruit	Paneakes w Syrup Sausage Milk Juice Fruit	Colby Cheese Omelet Toast Fruit Juice Milk
Taco Supreme Baked Scoops Shredded Lettuce, Diced Tomatoes Salsa, Sour Cream Refried Beans Fruit Milk 7	Creamy Chicken Alfredo Breadstick Seasoned Peas Corn Fruit Milk 8	Sloppy Joe on Bun Baked Potato Glazed Carrots Fruit Milk 9	Hot Dog on Bun Creamy Slaw Baked Beans Fruit Milk 10	Chicken Strips and Dip Tater Tots Cucumbers and Dip Fruit Milk Sugar Cookie 11
Cereal and Yogurt Mik Fruit Juice	Dutch Waffle w/ Syrup Milk Fruit Juice	Eggstravaganza and Biscuit Milk Juice Fruit	Monte Crisco Milk Juice Fruit	<b>Fall Break</b>
Popcorn Chicken and Dip Potato Wedges Baked Beans Fruit Milk 14	Philly Cheese Steak on Hoagie French Fries Red Peppers amd Dip Fruit Milk 15	Pepperoni Pizza Garden Salad Baby Carrots and Dip Fruit Milk 16	Stromboli Curly Fries Broccoli and Dip Fruit Milk 17	
<b>Fall Break</b>	Cereal and Yogurt Milk Fruit Juice	French Toast Sticks w/Syrup Milk Juice Fruit	Monte Crisco Milk Juice Fruit	Biscuit and Gravy Sausage Milk Fruit Juice
	Chicken and Noodles Corn Baby Carrots and Dip Hot roll Fruit Milk 22	Sliced Ham Cornbread Steamed Cabbage Pinto Beans Fruit Milk 23	Mini Corndogs French Fries Celery Sticks and Dip Fruit Iced Graham Milk 24	Pepperoni Bosco Sticks Corn on the Cob Veggies and Dip Fruit Milk 28
Cereal and Yogurt Milk Fruit Juice	Eggstravaganza and Biscuit Milk Juice Fruit	Paneakes w Syrup Sausage Milk Juice Fruit	Breakfast Pizza Milk Juice Fruit	
Submarine Sandwich Potato Salad Broccoli and Cherry Tomatoes Dip Fruit Milk 25	Little Caesar's Pizza Baby Carrots and Celery Dip Strawberrie and Ice Cream Milk 29	Country Fried Steak Mashed Potatos Country Gravy Green Beans Hott Roll Fruit Milk 30	Chicken Nuggets Green Beans Cherry Tomatoes Brownie Fruit Milk 31	