

October 2019

South Spencer Middle School




Breakfast - \$1.50

Lunch - \$2.50

Extra Milk - \$.50

Menus subject to change



Monday	Tuesday	Wednesday	Thursday	Friday
Dutch Waffle w/ Surup Milk Fruit Juice	Cereal Bars Fruit - Milk - Juice	Taco to Go Fruit - Milk - Juice	Breakfast Pizza Milk - Fruit - Juice	Biscuit and Gravy Fruit - Milk - Juice
Chicken Alfredo Steamed Broccoli Celery Sticks and Dip Garlic Bread Fruit and Milk  September 30	Hamburger W/ Cheese Spiral Fries Corn on the Cob or Side Salad Fruit Milk  1	Chicken and Noodle Soup Toasted Cheese Sandwich Veggies and Dip Fruit Milk  2	Ham and Cheese Sandwich Doritos Celery and Dip Tater Tots Baked Beans Fruit Milk 3	Pepperoni and Mozzarella Stuffed Bosco Sticks Side Salad and Veggies w/Dip Fruit Milk  4
Cereal Bar Milk Juice Fruit	Breakfast Sandwich Fruit- Milk - Juice	French Toast Sticks Milk Fruit Juice	Scrambled Eggs and Toast Tri Taters Fruit- Milk - Juice	Biscuit and Gravy Sausage Fruit - Milk - Juice
Chicken Nuggets w/ Dip Spiral Fries Seasoned Peas Fruit Milk  7	Chili w/ Meat and Beans Peanut Butter Veggie and Dip Side Salad Fruit Milk  8	Chicken Legs Mashed Potatoes Green Beans Fruit Milk  9	Taco Supreme Baked Scoops Shredded Lettuce Shredded Cheese Salsa and Sour Cream Fruit Milk 10	Rebel Rib on Deli Bun Tater Tots Peas and Carrots Fruit Milk  11
Breakfast Pizza Milk - Fruit - Juice	Cereal And Toast Fruit - Milk - Juice	Bagel w/ Cream Cheese Milk Juice Fruit	Taco to Go w/ Salsa Fruit - Milk - Juice	<b>Fall Break</b>
Spaghetti w/ Meatballs Green Beans Side Salad Garlic Breadstick Assorted Fresh and Canned Fruit Milk 14	Bosco Sticks Potato Smiles Veggie Cup and Dip Fruit Milk  15	Country Fried Steak Gravy Mashed Potatoes Green Beans Hot Roll Fruit and Milk 16	Corn Dog Baked Beans French Fries Fruit Milk  17	
<b>Fall Break</b> 	Breakfast Pizza Milk - Fruit - Juice	Breakfast Sandwich Fruit- Milk - Juice	Taco to Go w/ Salsa Fruit - Milk - Juice	Biscuit and Gravy Sausage Fruit - Milk - Juice
	Popcorn Chicken and Dip Potato Smiles Glazed Carrots Fruit Milk  22	Pepperoni Calzone Side Salad Veggie and Dip Fruit Milk  23	Ravioli Bread Stick Green Beans Side Salad Fruit Milk 24	BBQ Chicken Sandwich Baked Beans Corn Fruit Milk  25
Cereal Bar Milk Juice Fruit	Pancake Wrapped Mini Sausages Syrup Milk - Fruit - Juice	Breakfast Sandwich Fruit- Milk - Juice	Cereal And Toast Fruit - Milk - Juice	
Ham and Cheese Stuffer Curly Fries Peas Fruit Milk  28	BBQ Baked Potato Soft Pretzel Red Pepper Strips w/ Dip Fruit Milk  29	Chicken Strips Mashed Potato and Gravy Green Beans Hot Roll Fruit Milk  30	Little Caesars Pizza Breadsticks Side Salad Veggie Cup and Dip Strawberries Ice Cream Milk 31	